

Flexibility an issue?

Candlelight Essential Stretch

Another in a series with
Cathy Peacock

Flexibility,
Stress Reduction,
Aromatherapy,
Meditation

Wednesday, March 10
8:30 PM - 75 minutes
In the Yoga Room
\$20.00 per person

For more information or to sign up, please
visit the Front desk or phone 631-587-5766

